

Aquatic Sport Sector

INDUSTRY COVID SAFE PLAN

Purpose

As per the information released by the Queensland Government on 25 May 2020 Industry COVID Safe Plans will be developed by industry for industry.

The purpose of Industry COVID Safe Plans are to help businesses/organisations in a specific industry show the health authorities and the community that they operate safely and can service more customers/members than outlined in the roadmap.

Once approved, these plans will then be published on the Queensland COVID-19 website for any businesses/organisations in that industry to access (regardless of membership to an Industry Body).

Overview

Aquatic Sub-Group – Still Water

The Aquatic Still Water sub-group primarily utilise pool facilities and venues for training and competitions. The sporting organisations utilising still water venues conduct activities in both indoor and outdoor facilities. Some sports may involve accidental/unintended contact (synchronised & artistic swimming, water polo) during competition. The virus is not transmitted in chlorinated water.

Aquatic Sub-Group – Open Water

Aquatic Open Water Sub-Group operate outdoors in an open and fresh air environment (oceans, rivers, lakes). This group is primarily non-contact sports. Participants are often not facing each other, and there is a high likelihood of a breeze being present. This group primarily use water-craft that cater for multiple people in one craft. Participants are likely to be socially distanced between at least 0.5 -1.2m during training and/or competition. Some sharing of water-craft and equipment occurs.

Assumptions

The QSport Aquatic Sport Group:

The QSport Aquatic Sports group representing all relevant water sports are working together to facilitate a viable reopening and resumption of aquatic sports across Queensland. Based on the collaboration of the group with input from QSport staff, Queensland Government Sport and Recreation staff and representatives from other aquatic industry groups and stakeholders request the following:

- Consideration of the 1.5m social distancing for training (Stage 2), particularly for sports involving water craft that are conducted outside, have no contact and have distancing of an average of 1m in most crafts with participants facing the same way. For example, Dragon Boating will reduce maximum numbers per boat to 12, including 10 paddlers (instead of 20) plus a steerer and a drummer. White water rafting will request all paddlers to position themselves on the far edges of the raft (refer to Appendix B – part A: Open Water for further information).
- A relaxation of 1.5m for training and/or competition (Stage 3), particularly if outside and for those sports with accidental and unintended contact (exemption whilst participating in the sporting activity only). For example,

artistic swimming, synchronised swimming and water polo may involve accidental and unintended contact only when competing (refer to Appendix B- part A: Still Water for further information).

- Permission to conduct activities for multiple groups (Stage 2 limited to 20 people) within venue capacity and density limits and taking into consideration the overall size of a venue and multiple facilities within a venue and social distancing observed between groups to ensure there is **no co-mingling** (see Venue Example on pages 31-33).
 - For the Aquatic Still Water sub-group primarily using pools as referenced in the *QAIA Swimming Pool and Aquatic Centre Industry COVID Safe Plan*.
 - For the Aquatic Open Water Sub-Group who are primarily operating from parks, beaches, facilities with vast space and where the activity occurs in open water the ability to facilitate multiple groups as venue capacity and density limits allow and social distancing requirements dictate combined with the safe operation of the sporting activity. For example: three groups of 20, who arrive at location 30 minutes apart, use separate equipment and conduct activities separately on the water would meet the intentions of the health guidelines. In addition, the ability to return separately and depart a venue 30 minutes apart would ensure best practice. In a normal training session, there is up to 60 participants in three separate, on water activities who do not come in contact with each other.

We make these requests based on the following requirements and the details of this document:

- Each sport in the Group has specific modified training and/or competition guidelines to adhere with Government recommendations and requirements (such guidelines can be provided on request).
- The Group will adhere to any other specific venue specific guidelines or other Industry COVID Safety Plans developed by other endorsed groups for each facility utilised by the group for training and competition.
- Each sport in the Group will appoint a COVID-19 Safety Coordinator using the Sport AUS Position Description as a template - https://www.sportaus.gov.au/return-to-sport#covid-19_safety_coordinator

INTERACTION BETWEEN APPROVED INDUSTRY COVID SAFE PLANS

If there are multiple activities being undertaken at a venue/facility (for example - dining, sports, fitness or recreational), several approved industry plans may apply. If this is the case, the following will apply:

- Where there is clear separation between the activities (e.g. dining and sport) the relevant plan applies to the relevant area. A COVID Safe Statement of Compliance for the appropriate plan will be displayed in each area.
- Where the activities cross over (for example amenities, entry/exits, carparks):
 - Where possible these areas of cross over will be minimised. Such as designating a particular entry, exit, amenities and carpark for each activity.
 - Where the cross over cannot be minimised, a decision will be made as to which plan takes priority in which common area and will be followed.
 - For example, the entry, exit, carpark and amenities may be common to both activities and will be managed under the dining plan.
 - In this case the entity responsible for the dining plan will ensure these areas are appropriately managed and the separate groups from the dining and sport activity will not intermingle.

Where a business is operating alongside of a not-for-profit community group, the business would normally take responsibility for managing the shared or common areas.

The approved Industry plans are located at www.COVID19.qld.gov.au.

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by the QSport Aquatic Sports Group to support all aquatic sports in Queensland and their members and participants in the staged resumption of community sport and organisation activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of aquatic sports, in particular those conducted in still/open water and any venues/facilities utilised, managed or controlled by the organisations listed, the training and competition behaviour of all members and participants and the monitoring and reporting of the health of attendees involved in still/open water aquatic sporting activities or utilising aquatic venues/facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

This staged approach is in line with directions from the Queensland Government's Chief Health Officer, specifically [Queensland's Roadmap](#) to easing restrictions and also the [Return to Play Guide](#) for the Queensland Sport, Recreation and Fitness industries.

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on the Aquatic Sporting Industry's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training and/or competition cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the Aquatic Sporting Industry must consider and apply all applicable State Government and local restrictions and regulations. The Aquatic Industry needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

Aquatic Sport has unique risks – the following key points need to be addressed within all other directives as part of the overarching principles outlined in this plan:

- Ensuring pools are sanitised and water quality is paramount in accordance with Queensland Health Guidelines for public aquatic facilities.
- Implementation of strict hygiene and sanitisation measures in particular:
 - at all entry and exit points
 - communal areas and shared facilities
 - shared participant equipment.

3. Responsibilities under this Plan

The QSport Aquatic Sport Group retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Board of QSport and specifically the Aquatic Sport Group is responsible for:

- Overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials and seeking approval from Queensland Health.

The Aquatic Sport Group has appointed the following person as the COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Melanie Woosnam
Contact Email	ceo@waterpoloqld.com.au
Contact Number	0412 164 416

The QSport Aquatic Sport Group expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by the Aquatic Sports Group;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Risk Management and Workplace Health and safety Requirements.

Where applicable, an organisation will comply with the following requirements and guidance.

4.1 Risk Management:

1. Continue to monitor COVID-19 situation and review and adjust risk management response accordingly.
2. Meet with stakeholders to review delivery of return to sport arrangements and review of critical incident management arrangements and test organisational readiness.
3. At each stage of risk management, an organisations plan should include communication, consultation, instruction, training and supervision of workers and their representatives (e.g. HSRs, union representatives), see pages 1-3 of [OIR COVID Guide](https://www.worksafe.qld.gov.au/data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf) (https://www.worksafe.qld.gov.au/data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf)
4. An organisations plan should include clear coverage of COVID-safe management of deliveries, and presence of contractors and visitors to premises (club houses etc) – see [SWA Guidance](#):

<https://www.safeworkaustralia.gov.au/covid-19-information-workplaces/industry-information/general-industry-information/physical?tab=tab-toc-employer>

- a. Non-essential visits to the workplace should be cancelled or postponed.
 - b. Minimise the number of workers attending to deliveries and contractors as much as possible.
 - c. Delivery drivers and other contractors who need to attend the workplace, to provide maintenance or repair services or perform other essential activities, should be given clear instructions of your requirements while they are on site.
 - d. Ensure handwashing facilities, or if not possible, alcohol-based hand sanitiser, is readily available for workers after physically handling deliveries.
 - e. Direct visiting delivery drivers and contractors to remain in vehicles and use contactless methods such as mobile phones to communicate with your workers wherever possible.
 - f. Direct visiting delivery drivers and contractors to use alcohol-based hand sanitiser before handling products being delivered.
 - g. Use, and ask delivery drivers and contractors to use, electronic paperwork where possible, to minimise physical interaction. Where possible, set up alternatives to requiring signatures. For instance, see whether a confirmation email or a photo of the loaded or unloaded goods can be accepted as proof of delivery or collection (as applicable). If a pen or other utensil is required for signature you can ask that the pen or utensil is cleaned or sanitised before use. For pens, you may wish to use your own.
5. An organisations plan should clearly show that records are being kept of the risk management process (e.g. as outlined in the Industry Plan). The detail and extent of recording will depend on the size of workplace. It is useful to keep information on:
- a. the identified hazards, assessed risks and chosen control measures (including any hazard checklists, worksheets and assessment tools used in working through the risk management process)
 - b. how and when the control measures were implemented, monitored and reviewed
 - c. who was consulted with
 - d. relevant training records
 - e. any plans for changes.
6. PPE sections in an organisations plan should include relevant details – see page 6 of [OIR COVID Guide](https://www.worksafe.qld.gov.au/data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf).
(https://www.worksafe.qld.gov.au/data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf)
7. Include management of psychosocial risks (including patron aggression) in your organisations plan – see page 8 of [OIR COVID Guide](https://www.worksafe.qld.gov.au/data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf).
(https://www.worksafe.qld.gov.au/data/assets/pdf_file/0005/191678/covid-19-overview-and-guide.pdf)

4.2 Workplace Health and Safety

1. Organisations should include a statement in the Plan to the effect that existing WHS risk management processes will be revisited to identify and manage any new or changed hazards that may have arisen as a result of the Industry COVID Safe Plan.
2. Reporting and notification of COVID-19:
 - a. An organisations plan should state clearly that if there is a confirmed or probable case of COVID-19 infection at a workplace, Queensland Health will be notified by the medical professional who confirms the diagnosis and the relevant testing laboratory.

- b. Upon being informed, a person in control of the organisation, business or undertaking must notify Workplace Health and Safety Queensland that the case has been confirmed.
- c. An organisations plan should include keeping a record of each notifiable incident for at least 5 years from the day that notice of the incident is given to the regulator.

5. Return to Sport Arrangements

As at the date of this Plan, participants and organisations are planning to return to organised training only during Stage2. The Plan outlines specific sport requirements that Aquatic Sporting Organisations will implement for Stage 2 and 3 of the Queensland Roadmap to easing restrictions.

The Aquatic Sport Group will transition to the training activity and facility use as outlined in Stage 2 of the Queensland Roadmap and the training/competition activities and facility use outlined in Stage 3 of the Queensland Roadmap when permitted under State restrictions and regulations.

5.1 Queensland Government Framework Arrangements

The protocols for conducting sport operations and facility operations under Stage 2 and Stage 3 of the Queensland Roadmap to easing restrictions are set out in the Appendix A.

5.2 Roadmap to easing Queensland's restrictions

Roadmap to easing Queensland's restrictions

Unite against **COVID-19**



A step-down approach to COVID-19

CONTINUING CONDITIONS • Social distancing, 1.5 metres and hygiene • Stay at home if you're sick • Tracking, tracing, rapid response • Work at home if it works for you and your employer

EASING TO DATE	STAGE 1: <small>from 11:59pm</small> 15 MAY 2020 (2 weeks)	STAGE 2: <small>commencing from 12 noon</small> 1 JUNE 2020 (6 weeks)	STAGE 3: 10 JULY 2020
SCHOOLS PLAN	11 May Kindy, Prep Years 1, 11, 12	25 May Years 2–10	School holidays (27 Jun–12 Jul)
<p>Family, friends and community</p> <ul style="list-style-type: none"> Gatherings in homes (household + 2 visitors from the same or different households, or up to 5 visitors from the same household) Household or one friend and within 50 kms of home for recreational purposes: <ul style="list-style-type: none"> go for a drive have a picnic visit a national park go fishing, boating or jet-skiing <p>Retail shopping</p> <ul style="list-style-type: none"> Allowing retail shopping for non-essential items within 50 kms of home <p>Schools</p> <ul style="list-style-type: none"> Gradual return to class 11 May: Kindy, Prep and Years 1, 11 and 12 25 May: Years 2–10. 	<p>Family, friends and community</p> <ul style="list-style-type: none"> Gatherings in homes (household + max 5 visitors, allowed from separate households) Gatherings of up to 10 people: <ul style="list-style-type: none"> outdoor, non-contact activity personal training pools (indoor and outdoor) public spaces and lagoons* (e.g. South Bank Parklands, Cairns, Airlie Beach etc) parks, playground equipment, skate parks and outdoor gyms libraries weddings hiking and other recreational activities in national and state parks places of worship and religious ceremonies Funerals (max 20 indoors or 30 outdoors) Recreational travel (max 150 kms within your region for day trips) <p>Businesses and economy</p> <ul style="list-style-type: none"> Retail shopping 10 people permitted at any one time for: <ul style="list-style-type: none"> dining in (with COVID SAFE Checklist): restaurants, cafés, pubs, registered and licensed clubs, RSL clubs and hotels – no bars or gaming open homes and auctions beauty therapy and nail salons (with COVID SAFE Checklist) <p>Outback[‡]</p> <ul style="list-style-type: none"> Dining in (with COVID SAFE Checklist): restaurants, cafés, pubs, registered and licensed clubs, RSL clubs and hotels (max 20 at any one time) for locals only (must show proof of residence) – no bars or gaming Recreational travel including overnight accommodation max 500 kms within the outback only if you live in the outback. 	<p>UPDATE</p> <ul style="list-style-type: none"> Unlimited travel and overnight stays for all of Queensland* (including for school holidays) Dining in or seated drinks in restaurants, cafés, pubs, registered or licensed clubs, RSL Clubs, hotels and casinos (no gaming) – up to 20 patrons per room or per defined area (indoors or outdoors) for a venue (when following a COVID SAFE Industry Plan[†]) <p>Family, friends and community</p> <ul style="list-style-type: none"> Gatherings of up to 20 people: <ul style="list-style-type: none"> homes public spaces and lagoons* (e.g. South Bank Parklands, Cairns, Airlie Beach etc) non-contact indoor and outdoor community sport* personal training gyms*, health clubs* and yoga studios* pools* (indoor and outdoor) and community sports clubs* museums*, art galleries* and historic sites* weddings parks, playground equipment, skate parks and outdoor gyms libraries* hiking, camping and other recreational activities in national and state parks places of worship* and religious and civil ceremonies Funerals (max 50) Recreational travel, camping and accommodation, including caravan parks (anywhere in Queensland) <p>Businesses and economy</p> <ul style="list-style-type: none"> Retail shopping Tourism accommodation 20 people permitted at any one time for: <ul style="list-style-type: none"> indoor cinemas* open homes* and auctions* outdoor amusement parks*, tourism experiences*, zoos* and arcades* concert venues*, theatres*, arenas*, auditoriums* and stadiums* beauty therapy, nail salons, tanning, tattoo parlours and spas (with COVID SAFE Checklist). 	<p>Subject to further planning and review, interstate travel will be permitted and a maximum of 100 people* will be permitted for:</p> <ul style="list-style-type: none"> gatherings in public spaces and homes restaurants, cafés, pubs, registered and licensed clubs, RSL clubs, food courts and hotels indoor cinemas places of worship and religious ceremonies museums, art galleries and historic sites pools and community sports clubs community sport gyms, health clubs and yoga studios outdoor amusement parks, zoos and arcades concert venues, theatres, arenas, auditoriums and stadiums weddings funerals saunas and bathhouses open homes and auctions casinos, gaming and gambling venues nightclubs beauty therapy, tanning, nail salons and spas, tattoo parlours and non-therapeutic massage parlours libraries hiking, camping and other recreational activities in national and state parks. <p>The public health rules to maintain:</p> <ul style="list-style-type: none"> Physical distancing 4 square metres per person when indoors Hand hygiene Respiratory hygiene Frequent environmental cleaning and disinfection
<p>COVID SAFE checks</p> <ul style="list-style-type: none"> Surveillance and epidemiological indicators suggest a move would NOT present an undue risk Testing is widespread and adequately identifies community transmission Point source outbreaks are effectively contained by public health actions. 	<p>COVID SAFE check point</p> <ul style="list-style-type: none"> assess impact review border review biosecurity and designated areas 	<p>COVID SAFE check point</p> <ul style="list-style-type: none"> assess impact review border review biosecurity and designated areas 	<p>COVID SAFE check point</p> <ul style="list-style-type: none"> assess impact review border review biosecurity and designated areas

Last updated 30.05.20

* More with COVID SAFE Plan approved by health authorities
[†] Max 20 with a COVID SAFE Checklist when not complying with the COVID SAFE Industry Plan
[‡] Outback areas as defined by Local Government Area. Details on COVID19.qld.gov.au
 # Except Biosecurity Areas or Restricted Areas



6. Recovery

When public health officials determine that the outbreak has ended in the local community, the Aquatic Sport Group will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. The Aquatic Sport Group will also consider which protocols can remain to optimise good public and participant health.

At this time, the QSport Aquatic Sport Group will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix A: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	STAGE TWO (1 June)	STAGE THREE (10 July)
Approvals	<p>The organisation must obtain the following approvals to allow a return to training in Stage 2:</p> <ul style="list-style-type: none"> • This Covid Safety Plan is industry specific and has been approved by State Government • Local government/venue owner approval to training at venue, if required. • National/state sporting body/local association approval of return to training for community sport. • Organisation committee has approved return to training for organisation. • Insurance arrangements confirmed to cover training. 	<p>The organisation must obtain the following approvals to allow a return to training/competition in Stage 3:</p> <ul style="list-style-type: none"> • This Covid Safety Plan is industry specific and has been approved by State Government • Local government/venue owner approval to training/competition at venue, if required. • National/state sporting body/local association approval to return to training/competition for community sport. • Organisation committee has approved return to competition for organisation. • Insurance arrangements confirmed to cover competition.
Education and Training	<ul style="list-style-type: none"> • Organisations will provide training and education to all participants, volunteers, families, volunteers and staff: Outline the requirements for training of the workforce including all staff and volunteers and communicate these requirements to workforce and their representatives. • Training may consist of the following requirements: <ul style="list-style-type: none"> ○ Mandatory training as outlined by the Queensland Government such as staff in industries requiring a COVID Safe checklist provided by TAFE Queensland. ○ Any training that has been approved or outlined by Queensland Health. ○ Any training as outlined by a Peak Body or State Level Organisation specifically relevant to the activity. • Provide training on COVID-19 infection control to staff and volunteers responsible for the conduct of training, event operations or any other relevant activity. 	<p>Organisations will provide training and education to all participants, volunteers, families and staff:</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2. • Provide updated briefings and/or educational materials to outline protocols under Stage 3, including the obligations on and expectations of such participants.

	<ul style="list-style-type: none"> • Make all participants aware of appropriate hygiene measures and that they should not attend if unwell. • Government resources should be prominently displayed in facilities and at entry points, including handwashing and personal infection control advice. • Provide briefings and/or educational materials to outline protocols under Stage 2 in advance of return to sport for participants, including the obligations on and expectations of such participants. • Further information and advice is available for organisations, in the Return to Play guide provided on the Return to Play website. The guide will continue to be updated by the Department of Housing and Public Works (Sport and Recreation). • It is understood that further industry specific training will be developed and provided by the Active Queenslanders Industry Alliance. • 	
Training & Competition Processes	<p>Organisation to detail specifics of training processes.</p> <ul style="list-style-type: none"> • Non-contact activity permitted for up to 20 people. • Pools can operate for up to 20 people. • Organisation to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. • Adjust length and scheduling of training sessions to reduce overlap. Ensure a minimum of 15 minutes between training sessions to also allow for any cleaning of high traffic surfaces, shared equipment and facilities. • Clearly outline nature of training permitted (e.g. small groups to train and for team meetings, equipment/skill drills able to be used, certain sport activities not permitted during Stage 2 training, no contact including high fives/hand shaking, no socialising or group meals). • Sanitising requirements, including use of sanitising stations. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training attendance register kept & information retained for 56 days 	<p>Organisation to detail specifics of training/competition processes.</p> <ul style="list-style-type: none"> • Standard activity permitted to occur for up to 100 people. • Contact and non-contact activity permitted • Organisation to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train/play/compete. • For larger team sports, consider maintaining some small group separation at training. • Clearly outline nature of training permitted. • Limited access to treatment from support staff. • Sanitising requirements continue from Stage 2. • Treatment of shared equipment continues from Stage 2. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training/playing attendance register kept & information retained for 56 days • Modifications to playing conditions or activity rules to support physical distancing

Physical distancing	<p>Organisations to develop and implement physical distancing requirements during training activities including:</p> <ul style="list-style-type: none"> • Maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) • Protocols and training drills to maintain a distance of at least 1.5 metres • Avoid participant interactions including team huddles, handshakes and high fives • Specific restrictions on contact training drills during Stage 2. • Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). • Limit unnecessary social gatherings (particularly adults) • Guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber use). 	<p>Organisations to develop and implement physical distancing requirements during training and competition activities including:</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2. • Maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) where practical • Training and competition protocols to maintain a distance of at least 1.5 metres where practical (subject to the exemption in the assumption for those sports with unintentional/accidental contact during competition) • Avoid participant interactions including team huddles, handshakes and high fives • Specific restrictions on contact training drills and competition may be required • Defined areas for each group during training/competition, eg. team benches pool deck, sidelines, marshalling areas, • Maintain a base density requirement of 4 square metres per person and physical distancing (>1.5 metres) where practical • Limit unnecessary social gatherings (particularly adults) • Guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber use).
Spectator/Parent Management	<p>Organisations to develop and implement spectator and parent management requirements:</p> <ul style="list-style-type: none"> • Limit unnecessary social gatherings (particularly adults) • Defined areas for spectators - maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) • Defined areas to be suitably marked with physical barriers where possible to provide clear boundaries or permitted and non-permitted areas. (Barriers must be physical in nature – temporary fence, bollards with rope between them, something that is not easily passed) • All choke and gathering points will be marked with clear signage, floor markings indicating direction of flow and single entry/exit points will be maintained where possible. • Attendance register kept & information retained for 56 days – using the Sport AUS template, online registrations or suitable sport approved equivalent. • Restrictions to apply <ul style="list-style-type: none"> - not more than one parent/carer to attend with child/family; 	<p>As per stage 2.</p>

	<ul style="list-style-type: none"> - encourage parent/carer to drop off/pick up outside facility/venue or remain in the car during the activity; - no other spectators should be present • Gathering numbers should not exceed government allowances 	
Personal health	<p>Organisation to detail specifics of personal health protocols.</p> <ul style="list-style-type: none"> • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Showering before and after training in a home environment • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. in water craft, in and around pools, around participants • Avoid touching of eyes, nose or mouth • Launder own training uniform, swimmers and wash personal equipment. • Avoid sharing of equipment, eg. drink/water bottles, training bibs, towels, whistles, pens etc before, during and after training/competition. • Do not leave personal equipment on surfaces. Personal equipment bags should be arranged to permit physical distancing of participants (>1.5 metres). • Only coaches should contact/move group equipment and training aids (cones, markers, balls, agility ladders etc) • Shared participant equipment (balls, water-craft, safety equipment etc) should be rotated, washed or wiped with antibacterial wipes or alcohol-based sanitiser prior to and after each use and at each activity break. 	<p>Organisation to detail specifics of personal health protocols.</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2
Hygiene	<p>Organisation to detail specifics of hygiene protocols to support training.</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association/club that will be adopted by organisation. • Guidelines for sanitisation and cleaning, including requirements for sanitisation stations. 	<p>Organisation to detail specifics of hygiene protocols to support training/competition.</p> <ul style="list-style-type: none"> • Hygiene and cleaning measures to continue from Stage 2

	<ul style="list-style-type: none"> • Provide hand sanitiser dispensers in prominent places around facilities (particularly entry or high use areas such as a registration desk, change rooms, toilets or canteen) and ensure dispensers are regularly refilled. • Promote good hygiene practices in line with Government advice including: <ul style="list-style-type: none"> - Cleaning standards: <ol style="list-style-type: none"> (a) Ensure spaces at each facility are regularly cleaned with disinfectant in accordance with the manufacturer's instructions; (b) Surfaces should be frequently wiped down with appropriate disinfectant wipes or soap, particularly those frequently touched. This includes door handles, light switches, kitchen surfaces, bathroom surface, phones, remote controls, dugout benches, gates, scoreboard control panels and any other high touch areas; and (c) Adequately clean and disinfect participant facilities before use (prior to participant arrival). • Determine whether your organisation will receive payments in cash. If so, ensure your employees/volunteers observe good personal hygiene practices and wash their hands regularly. 	
Communications	<p>Provide a detailed communications plan to communicate with players, coaches, members, volunteers, families and staff.</p> <ul style="list-style-type: none"> • Provide clear and coordinated guidance to participants and stakeholders across a range of communication channels on how a return to sport will be managed at each level of restriction; • Brief players, coaches, members, volunteers and families on return to training protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. • Promote good personal hygiene practices in and around training sessions and in Organisation facilities (e.g. posters in bathrooms). • Establish relationships with key community partners and stakeholders including State public health authorities and government funding partners through your organisation's COVID-19 Safety Coordinator. 	<p>Provide a detailed communications plan to communicate with players, coaches, members, volunteers, families and staff.</p> <ul style="list-style-type: none"> • Requirements continue from Stage 2 • Brief players, coaches, members, volunteers and families on Stage 3 protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. • Promote good personal hygiene practices in and around training/competition sessions and in organisation facilities (e.g. posters in bathrooms).

	<ul style="list-style-type: none"> • Share timely and accurate information including how your organisation is responding to any localised outbreak. • Confirm an emergency management plan for each of your sport activities and they are suitable for managing a COVID-19 outbreak. • Identify trigger points for cancelling, postponing or modifying an activity and identify who has responsibility for making that decision. • Identify in advance actions to be taken if your organisation needs to postpone or cancel activities. Plan alternative ways for participants to enjoy the activities by television, radio, or online. • Establish a process of how individuals can access mental health and wellbeing counselling services. 	
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Part 2 – Facility Operations

Area	STAGE TWO (1 June)	STAGE THREE (10 July)
Approvals	<p>The organisation must obtain the following approvals to allow use of organisation facilities during Stage 2:</p> <ul style="list-style-type: none"> • This Covid Safety Plan is industry specific and has been approved by State Government • Local government/venue owner approval to use facility, if required. • Organisation committee has approved plan for use of organisation facilities. • Insurance arrangements confirmed to cover facility usage. 	<p>The organisation must obtain the following approvals to allow use of organisation facilities during Stage 3:</p> <ul style="list-style-type: none"> • This Covid Safety Plan is industry specific and has been approved by State Government • Local government has given approval to use facility, if required. • Organisation committee has approved plan for use of organisation facilities. • Insurance arrangements confirmed to cover facility usage.
Facilities	<p>Organisations shall have a facility management plan (or adhere to other Industry COVID Safety Plans for aquatic facilities/venues) and sport-specific structured risk assessment in place.</p>	<p>Organisations shall have a facility management plan (or adhere to other Industry COVID Safety Plans for aquatic facilities/venues) and sport-specific structured risk assessment in place.</p>

	<ul style="list-style-type: none"> • Parts of facilities that are available during Stage 2 restrictions; limit to toilets and medical facilities and minimise use of communal facilities. • Hygiene and cleaning protocols. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions. 	<ul style="list-style-type: none"> • Use of Organisation facilities will align with social distancing and hygiene requirements and State Government directives • Hygiene and cleaning protocols measures as per Stage 2 • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Stage 2.
Facility access	<p>Organisation to detail specifics of facility access protocols.</p> <ul style="list-style-type: none"> - Confirm health screening measures (e.g. temperature checks etc.) prior to entry to any facilities and any privacy measures organisation will take to protect sensitive health information during Stage 2 - Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> - COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. - Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). - Travelled internationally in the previous 14 days. - Restrictions to essential participants to attend facilities/venues to minimise numbers; <ul style="list-style-type: none"> - not more than one parent/carer to attend with child/family; - encourage parent/carer to drop off/pick up outside facility/venue or remain in the car during the activity; - gathering numbers should not exceed government allowances - no other spectators should be present - Any spectators should observe physical distancing requirements (>1.5 metres). Defined areas for spectators - maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) - Defined areas to be suitably marked with physical barriers where possible to provide clear boundaries or permitted and non-permitted areas. (Barriers must be physical in nature – temporary fence, bollards with rope between them, something that is not easily passed) - All choke and gathering points will be marked with clear signage, floor markings indicating direction of flow and single entry/exit points will be maintained where possible. 	<p>Organisation to detail specifics of facility access protocols.</p> <ul style="list-style-type: none"> • Details of any health screening measures (e.g. temperature checks etc.) prior to entry to any facilities and any privacy measures organisation will take to protect sensitive health information during Stage 3. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. • Restrictions to essential participants to attend facilities/venues to minimise numbers; <ul style="list-style-type: none"> - not more than one parent/carer to attend with child/family; - encourage parent/carer to drop off/pick up outside facility/venue or remain in the car during the activity; - gathering numbers should not exceed government allowances - no other spectators should be present - Any spectators should observe physical distancing requirements (>1.5 metres). Defined areas for spectators - maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres) - Defined areas to be suitably marked with physical barriers where possible to provide clear boundaries or permitted and non-permitted areas. (Barriers must be physical in nature – temporary fence, bollards with rope between them, something that is not easily passed) - All choke and gathering points will be marked with clear signage, floor markings indicating direction of flow and single entry/exit points will be maintained where possible.

	<ul style="list-style-type: none"> - Attendance register kept & information retained for 56 days – using the Sport AUS template, online registrations or suitable sport approved equivalent. - Restrictions to apply - not more than one parent/carer to attend with child/family; - encourage parent/carer to drop off/pick up outside facility/venue or remain in the car during the activity; - no other spectators should be present - Gathering numbers should not exceed government allowances • Detailed attendance register to be kept & information retained for 56 days – using the Sport AUS template, online registrations or suitable sport approved equivalent. • Amend training schedules and times to reduce in-person contact for participants, family members and staff by: <ul style="list-style-type: none"> - Scheduling time between events/training sessions for all attendees to safely arrive and exit the venue; and - Considering staggered arrival and/or departure times for different groups/teams. - Ensure a minimum of 15 minutes between training sessions to also allow for any cleaning of high traffic surfaces, shared equipment and facilities. • Manage venue entries and exits (and separate where possible to ensure a seamless flow of participants and attendees through the venue and limit the risk of overlap and congestion, subject to maximum attendee number restrictions. • Restrict the use of communal facilities to toilets only during Stage 2. • Physical distancing protocols including line markings, bollards, use of zones use and physical distancing indicators shall be used in: <ul style="list-style-type: none"> - Club rooms, offices, meeting, official/medical rooms, halls, sheds - change rooms, - bar/canteen 	<ul style="list-style-type: none"> - Attendance register kept & information retained for 56 days – using the Sport AUS template, online registrations or suitable sport approved equivalent. - Restrictions to apply - not more than one parent/carer to attend with child/family; - encourage parent/carer to drop off/pick up outside facility/venue or remain in the car during the activity; - no other spectators should be present - Gathering numbers should not exceed government allowances • Detailed attendance register to be kept & information retained for 56 days – using the Sport AUS template, online registrations or suitable sport approved equivalent. • Amend training/competition days and times to reduce in-person contact for participants, family members and staff by: <ul style="list-style-type: none"> - Scheduling time between events/training sessions for all attendees to safely arrive and exit the venue; and - Considering staggered arrival and/or departure times for different groups/teams. - Ensure a minimum of 15 minutes between training sessions to also allow for any cleaning of high traffic surfaces, shared equipment and facilities. • Manage venue entries and exits (and separate where possible to ensure a seamless flow of participants and attendees through the venue and limit the risk of overlap and congestion, subject to maximum attendee number restrictions. • Restrict the use of communal facilities to toilets only where possible, ie. limited or no use of showers & change rooms during Stage 3. • Physical distancing protocols including line markings, bollards, use of zones use and physical distancing indicators shall be used in: <ul style="list-style-type: none"> - Club rooms, offices, meeting, official/medical rooms, halls, sheds - change rooms, - bar/canteen
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	<ul style="list-style-type: none"> Organisations that previously provided food and beverage services must complete a COVID-19 Checklist for dining at restaurants, cafes, kiosks, and clubs. General advice on physical distancing in organisation facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings. 	<ul style="list-style-type: none"> Organisations that previously provided food and beverage services must complete a COVID-19 Checklist for dining at restaurants, cafes, kiosks, and clubs. General advice on physical distancing in organisation facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings.
Hygiene	<p>Organisation to detail specifics of hygiene protocols to ensure regular sanitisation and cleaning of organisation facilities.</p> <ul style="list-style-type: none"> Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by organisation including: <ul style="list-style-type: none"> Availability of hand sanitiser at entry/exit points to venue and elsewhere (may be provided by facility/venue manager) Protocols for sanitising stations, sanitising shared equipment, uniforms. <p>Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.</p> <ul style="list-style-type: none"> Displaying posters outlining relevant personal hygiene guidance. Avoiding shared use of equipment. Provide suitable rubbish bins with regular waste disposal. Guidelines for sanitisation and cleaning of Organisation facilities. Increased and regular cleaning of high traffic surfaces, shared equipment and facilities. 	<p>Organisation to detail specifics of hygiene protocols to support use of organisation facilities.</p> <ul style="list-style-type: none"> Continue hygiene and cleaning measures as per Stage 2.
Management of unwell participants	<p>Organisation to detail specifics of protocols to manage unwell participants at an organisation activity.</p> <ul style="list-style-type: none"> Self-isolate at home if presenting symptoms. Compare the symptoms of coronavirus (COVID-19), with the common cold and flu. 	<p>Organisation to detail specifics of protocols to manage unwell participants at an organisation activity.</p> <ul style="list-style-type: none"> Continue management of unwell participants as per Stage 2.

	<ul style="list-style-type: none">• Anyone who is unwell or develops a fever, a cough, sore throat or shortness of breath, must contact a doctor or call 13HEALTH (13 43 25 84).• Liaise with public health authorities and facilitate the sharing of information about all symptomatic participants at an activity run by your organisation, subject to privacy law.• Notify your Peak Body and the Department Housing and Public Works (Sport and Recreation)• Contact participants (refer to attendance register) if an activity attendee subsequently becomes unwell and provide advice on what actions should be taken. If an outbreak does occur at your facility, the register will need to be provided to relevant authorities (i.e. Department of Health) in a timely fashion & information retained for 56 days• Minimum details to be collected include:<ul style="list-style-type: none">- Date of entry- First name and surname- Phone number- Time in- Time out- Club & team/group• Communicate isolation and medical procedures for all players, members, volunteers and their families at the onset of any symptoms including organisation facilities that can be used to manage symptomatic participants.• Identify with clear and unambiguous signage, a space that can be used to isolate staff or participants who become unwell at an activity and cannot leave immediately. The isolation area should be equipped with necessary PPE supplies to facilitate hand hygiene and respiratory etiquette.• Ensure staff/volunteers understand that participants who become unwell should be immediately isolated and given a clean disposable facemask to wear. Establish procedures to help unwell staff or participants leave the event as soon as possible and added protections for activity staff in such circumstances.	
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	<ul style="list-style-type: none"> • Train volunteers/organisation management on treatment of symptomatic participants and disinfecting of facilities used by such participants. • Confirm notification protocols for notifying public health authorities and other attendees of symptomatic participants. 	
Follow-up after COVID-19 outbreak has ended	<p>Organisations will manage the follow up after a Covid-19 outbreak has ended:</p> <ul style="list-style-type: none"> • Public health officials will determine when an outbreak has ended in a community, consult with them to identify criteria for scaling back COVID-19 prevention actions with activities. Consider which protocols can remain to optimise good public and participant health. • Plan the rescheduling of cancelled activities. • Evaluate the effectiveness of the COVID-19 Safety Plan and communications plan, adjust and recirculate to stakeholders as required. • Meet with key stakeholders to review delivery of any return to sport arrangements. Gather feedback to note lessons learned and to improve organisational plans and systems. • Review critical incident management arrangements and test organisational readiness to respond to a localised outbreak of COVID-19. • Update your organisation's business continuity plan based on learnings from the COVID-19 pandemic. 	<p>Organisations will manage the follow up after a Covid-19 outbreak has ended:</p> <ul style="list-style-type: none"> • Continue measure for follow up a COVID-19 outbreak as per Stage 2.
Organisation responsibilities	<p>The organisation will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per this Industry Plan. • Capture of a record of attendance at all training and organisation activities and maintaining an up-to-date log of attendance. • Coordination of Stage 2 play area/training operations. • Operation of the organisation's facilities in support of all Stage 2 training activities in accordance with this Industry Plan. • Compliance issues and the sanction of individuals for non-compliance with any law, direction or protocol. • Determine the basis of enforcing any sanctions and seek advice as required. 	<p>The organisation will oversee:</p> <ul style="list-style-type: none"> • As per Stage 2 • Provision and conduct of hygiene protocols as per this Industry Plan. • The capture of a record of attendance at all training/competition and organisation activities and maintaining an up-to-date log of attendance. • Coordination of Stage 3 play area/training/competition operations. • Operation of the organisation's facilities in support of all Stage 3 training/competition activities in accordance with this Industry Plan.

	<ul style="list-style-type: none">• Determine circumstances where issues may be elevated to local or State law enforcement agencies.	
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Appendix B: Sport Specific Information

Part A – Sport Specific Information Matrix

Please Note: In relation to facility operations and management, sporting organisations that are part of the QSport Aquatic Still Water Group, will comply with the Swimming Pool and Aquatic Centre Industry COVID Safe Plan when utilising aquatic facilities. For the most part, these sporting organisations hire these facilities and do not typically own, manage or operate aquatic facilities.

Aquatic Sub-Group – Still Water

STAGE 2 - from 13th JUNE (Non-contact, activity permitted for up to 20 people)					
Aquatic (Still water)	Non-contact TRAINING (level of social distancing)	Field of Play size	Max # participants to be in Pool TRAINING	Size of training zones/ # participants per Zone	COMMENTS
Diving	Completely Non Contact	10	10	1 per 4 sqm	Easily socially distanced sport
Water Polo	Non Contact drills	25m x 20m or 50m x 20/25m	20 (2 groups of 10)	min 1.5m & 1 per 4 sqm	Easily socially distanced during training
Surf Life Saving	Non Contact drills	25m or 50m	As per facility requirements	min 1.5m & 1 per 4 sqm	Easily social distance during training
Artistic Swimming	No Contact training	25m x 25m	20 (2 groups of 10)	min 1.5m & 1 per 4 sqm	Socially distanced during training
Pool Lifesaving	Completely Non Contact	25m x 20m or 50m x 20/25m	10	min 1.5m & 1 per 4 sqm	Easily socially distanced sport
Swimming	As per the Swimming Pool and Aquatic Centre Industry COVIDSafe Plan				
STAGE 3 - from 11th JULY (Standard activity permitted to occur for up to 100 people)					
Aquatic (Still water)	Contact non-contact/incidental contact TRAINING & COMPETITION	Field of Play size	Max # participants to be in Pool TRAINING &/or COMPETITION	Size of competition zones / # participants per Zone	COMMENTS
Diving	Completely Non Contact	20+	In pool 3 around pool deck during competition 20	20-30 around dive pool area	Social distance of 1.5m apart achievable
Water Polo	Non Contact drills (training) & Incidental Contact (competition)	25m x 20m or 50m x 20/25m	Max 20 participants for training Max 20 participants for competition	min 25m x 17m (standard) max 20 participants per zone	Social distancing of 1.5m for non-playing participants. Modified Fast 5s rules, max 7 per team + coach & manager + 1 official
Surf Life Saving	Non Contact swimming / Some contact during training for rescue competition	50m / 25m	As per facility Guidelines	for competition 1 per lane, except for relays	Once members are back in training our competition would see 1 competitor per lane except for relays where teams of 4 involved but max of 2 per lane in some relay events, SLSQ would also be limiting numbers based on mass gathering numbers
Artistic Swimming	Non contact training, Competitions for 2020 would only include Individual Figures, Solo & Duet Routines (no Team routines)	25m x 25m	Max 50 participants during training, Max 100 participants attending for Competition	min 25m x 25m Figures - max 30 - 40 participants Routines - max 20	Social distancing of 1.5m for non-athletes, and competitors during marshalling and Figures competition. Figures - max of 3 Judges & 1 referee, 1 marshall, 2 scorers. Solos & Duets Routines - max of 9 Judges & 1 referee, 2 time keepers, 1 marshall, 2 scorers for routines.
Pool Lifesaving	Non Contact in training and competition. To be reviewed pre-summer	25m x 20m or 50m x 20/25m	Max 20 athletes participating	25m x 20m or 50m x 20/25m- 2 participant per lane	2 athlete per lane and max 15 officials
Swimming	As per the Swimming Pool and Aquatic Centre Industry COVIDSafe Plan				

Aquatic Sub-Group – Open Water (also available as an excel file)

STAGE 2 - from 1st June (non-contact, organised training only for up to 20 people)						
Aquatic (OPEN water) - All activities conduct, outdoors, non-contact, use of large expansive waterways.						
	Non-contact TRAINING (level of social distancing)	Shared use of equipment/craft	Max # participants in craft at any one time	Size of training zones/ # participants per Zone	COMMENTS	
AOCRA QSC - Canoe Outrigging	Paddlers are seated behind each other with all facing forward (no face to face). We are a non-contact sport with minimal incidental contact between paddlers	With the exception of OC1/V1 single craft, all other craft are shared. Personal equipment (paddles) are not shared. Safety equipment (PFD's) are provided by clubs. All equipment (personal and club) is sanitised prior to and after use. There is no sharing of equipment during training sessions	Max no of paddlers 6, Min. no of paddlers recommended 5 (training only)	Training is to be conducted in groups of a maximum of 20 participants (including coaches). Clubs train in open ocean, smooth & partially smooth waters, rivers and lakes	95% of our members primarily participate in OC6 craft. Social distancing of 1.5mtrs presents the greatest issue for the resumption of our sport in stages two and three	
	OC6 Mirage Length 12.8 mtrs - Distance 1.25mtrs - 1.9mtrs.					
	OC6 Matahina Length 12.5 mtrs - Distance 1.15mtrs- 1.55mtrs.					
	OC6 Kamanu Length 12.5 mtrs - Distance 1.3mtrs 1.85mtrs.		Max no of paddlers 3, Min no of paddlers recommended 3		V3 craft exceed the 1.5mtr social distancing however they are a new craft to our sport with only 12 craft currently in Qld	
	V3 (OC3) Vaa Tehuritaua Length 9.5mtrs, - Distance 1.75mtrs					
	OC2 6 mtrs approx, Adjustable Seating - Distance 1.2mtrs - 1.8mtrs					Max no of paddlers 2, Min no of paddlers recommended 2
	OC1/V1 4.5mtrs approx, - Single Craft					Max no of paddlers 1

<p>Australian Rafting Federation (ARF)</p>	<p>White Water Rafting (WWR) is an outdoor, non-contact activity, minimal incidental contact between paddlers, teams largely isolated from other rafts. Paddlers are seated behind each-other (0.9m-1.3m apart), side-by-side (1.4m-1.6m apart) facing same direction with separation depending on the raft (10-14-foot) & team type (R4 or R6). ARF focuses on racing verses social paddling. Plans are based around our competitive National Teams.</p>	<p>National teams use their own craft exclusively. All competitive members have their own equipment, safety equipment & clothing and no-sharing rules can be strictly enforced by team management.</p>	<p>R4 Teams - max 4 pers per raft (12 foot rafts) R6 Teams - maximum of 6 pers per raft (14 foot rafts) For safety purposes, do not recommend less than 4 pers per raft regardless of raft size and preferably Junior paddlers would not be R4-ing in a 14 foot raft. ARF recommend that R4 participants sit as far apart front to back as possible especially during flat water training. Safety on water needs to be considered when taking on rapids and sitting on the thwarts less than 1.5m back from the person in front may be required.</p>	<p>Spread of rafts is 3 in Cairns, 1 in Mission Beach, 1 in Townsville and 2 in Tully. Cairns crews train largely on the Barron River in Cairns and the Townsville, Mission Beach and Tully based member train white-water on the Tully River and flat-water in their own locations. The most teams we see training together is a one-off three teams (but usually two), two teams in Cairns maybe on water together for safety - 8 paddlers in two rafts (sometimes safety canoes - single craft).</p>	<p>WWR is outdoors, usually in isolated locations and with small numbers. Main concern is the social distancing rules that will affect the resumption of sport in Stage 2 and 3. ARF would like our National R4 and R6 Teams to be able to train with 4 and 6 in a raft at Stage 2. Team Management are supporting and involved in the development of the ARF plans in regard to physical distancing and hygiene guidelines to ensure the sport goes ahead safely.</p>
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<p>Dragon Boat QLD</p>	<p>Paddlers seated all facing forward & slightly outwards (no face to face). Standard dragon boat is 12.5m in length & contains 10 seats for a max of 20 paddlers. Each seat is spaced .65m apart. Seats vary in width from .7m to 1.05m. Dragon boats are operated with a steerer who stands approx. .6m behind the last seat in the boat. The ideal number of paddlers in a dragon boat is 20, however they can be operated with reduced numbers with 10 being the absolute minimum for safe operation. In competition a drummer is also used. A drummer sits on a seat on the bow facing the paddlers with the drummer seat placed 1.5m from the first seat paddlers. As mentioned 10 paddlers can safely operate a dragon boat if positioned 1 to a seat in a diagonal fashion left to right down the length of the boat. In this scenario left side paddlers would be spaced at 1.3m between paddlers and the same on the right. Diagonal spacing from seat to seat will vary from .76m to .86m depending upon the section of the boat paddlers are seated in.</p>	<p>Craft are shared but other equipment such as paddles and PFD's are not shared. Some minimal sharing of paddles may occur but only from session to session not during sessions. Cleaning arrangements would be in place for this equipment after each session use.</p>	<p>Maximum number of participants in a dragon boat is 22 including drummer and steerer. During Stage 2 the boat will be operated during training with 10 paddlers plus a drummer and steerer, During Stage 3 (competition) the preference is to operate boats with the full 22 people.</p>	<p>Large open water spaces including rivers, canals and lakes. In Stage 2 the maximum number of participants in a boat would be 12 (10 paddlers plus a drummer & steerer) in any one training session. Clubs who have greater than 20 members are able to stagger training sessions to ensure all members receive equal opportunity to training.</p>	<p>Social distancing presents the greatest issue for a return to play in in Stages 2 and 3. During Stage 2 we can work with 10 paddlers plus a steerer (essential) & drummer . Dragon Boat Qld would like to see full boats of at least 20 participants be approved to train and compete in Stage 3. Dragon Boat Qld has a Covid-Safe Plan in place for its clubs.</p>
<p>Paddle QLD</p>					
<p>QLD Waterski & Wakeboarding Federation</p>		<p>Participants - No</p>	<p>Officials- Driver and Observer are required for lawful operation of the boat. In stage 3 two additional officials may be added to the boat where social distancing can be adequately maintained. Only one participant is in the water at any one time.</p>	<p>Lakes/ Rivers at least 650m in Length with one boat and one participant operating at any one time.</p>	<p>The driver and coach/Observer/Judges may remain in the boat for several participants. The coach would speak to the participant in the water from the boat which maintains a safe distance from the participant.</p>

<p>Rowing QLD</p>	<p>all athletes are backwards facing (ie: not facing each other, and participants breath is not being blown into the face of other participants); minimum distance between participants in all craft is 1.4m; if permission is given for the use of coxed craft (quads, fours and eights - predominantly used by school/junior crews for safety) all coxswains will be required to wear a face mask; maximum of four persons per bay of each boat storage shed (four persons only required to retrieve big boats if permission is granted for their use); all facilities have open areas for the cleaning and preparation of boats, and hardstands are to be marked with 4m x 12m boxes for the placement of boats to ensure social distancing; a maximum of two persons may be in each box at one time; coaches/managers/covid-19 officers are not permitted in any box and must stand separately from activity on hardstand; parents/spectators are not permitted to remain on site once dropping off participants; a maximum of two persons are permitted to use the pontoon at any one time (if permission is given for big boats, this number would raise to eight, and only in the instance that an eight boat is being used); coaching occurs in separate craft, with a maximum of two persons per coaching craft; due to the design of rowing craft, participants are not able to get within 5m of each other on the water.</p>	<p>Athletes/participants: not within a 24 hour period. Officials/Coaches: not within a 24hour period.</p>	<p>If permission given, maximum 9 persons in a Coxed Eight (all minimum 1.4m apart and backwards facing, other than coxswain who will wear face mask). If permission not given for larger/coxed boats, training and competition can take place in singles, doubles, and pairs, maximum of two persons in craft with minimum 1.4m distance between participants; maximum two persons in coaching vessel at one time.</p>	<p>Majority of clubs train on rivers, ranging from 4km stretch to 60km stretch, maximum 40 persons on water at one time; some single clubs train on lakes/dams, minimum 1.5km stretch, maximum 10 participants on water at one time; club/school facilities generally large, open spaces, minimum 30m x 10m external hardstand plus boat storage sheds; majority of clubs across state could only manage maximum 20 persons (including coaches/managers/COVID-19 Officers) at facilities at one time to maintain social distancing; competitions can take place on river where participants boat from their club facilities - ie: no need for congregation or gathering.</p>	<p>Majority of Rowing Qld Members have already completed COVID Safe Plans adhering to Qld Health guidelines and have been submitted to and assessed by Rowing Qld. Insurance endorsement provided to those who have produced appropriate plans.</p>
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Surfing QLD	Surfing is an outdoor recreational activity that involves members training and competing in multiple disciplines at public beaches.	Members to use personal gear. In some cases, select clubs would have minimal sharing of equipment but only from session to session not during sessions. Cleaning arrangements would be in place for this equipment after each session use.	Groups of 20 will be enforced with clubs and surf schools to abide by Social distancing rules	Open area on public beaches that will be marked out to assist with maintaining the social distancing requirements.	All affiliated clubs and Schools will be expected to adopt a Covid-19 safety plan to be covered by insurance issued by the SSO and NSO
Surf Lifesaving QLD	Surf Lifesaving is an outdoor activity that involved members training and competing in multiple disciplines from in water to beach events. The majority of in water training is conducted on individual craft and open water swimming. SLSQ has put a hold on some training due to inability to maintain 1 person per 4m2 and the contact nature of some of our disciplines	Members to use personal gear, any club owned gear will be allocated to an individual and not used by multiple members. IRB competition where a club owned craft is used will be sanitised between uses.	Groups of 20 will be enforced with clubs to abide by Social distancing rules	Open area on public beaches that will be marked out to assist with maintaining the social distancing requirements.	
Yachting QLD (Sailing) - small off the beach craft	No-contact during training and competition	Minimal use of shared equipment. Ability to clean/wash between groups.	1 to 3 people.	On-shore - Spread out across "rigging lawns and or beaches (1.5m Social distancing requirement able to be met). On-water - spread out over large distances. Upto several 100 meters apart.	-Sailing occurs in an environment that has exposure to great levels of fresh air. - Sailing's field of play does not have rigid boundaries like an oval, field, track or pool. - Competitors in the same race can be separated by several hundred meters. - A race involving 100 people could be dispersed over several square kilometers, when racing offshore this can extend to 100+ nautical miles. - Sailing is a self regulating sport. There are no "on-field" officials involved in a race. - There are minimal spectators who are far removed from the event often on a beach. - Social gatherings can be controlled and restricted.
Yachting QLD (Sailing) - Yachts (larger, trailer or marina launched craft)	No-contact during training and competition	Minimal use of shared equipment. Ability to clean/wash between groups.	Between 2 and 15 people. Size of yachts vary from 8m to 15m even to 30m vessels. Number of crew required vary's based on requirements to safely operate the vessel.	On-shore - Spread out across marina berths or boat ramps (1.5m Social distancing requirement able to be met). On-water - spread out over large distances. Upto several 100 meters apart even kilometers.	

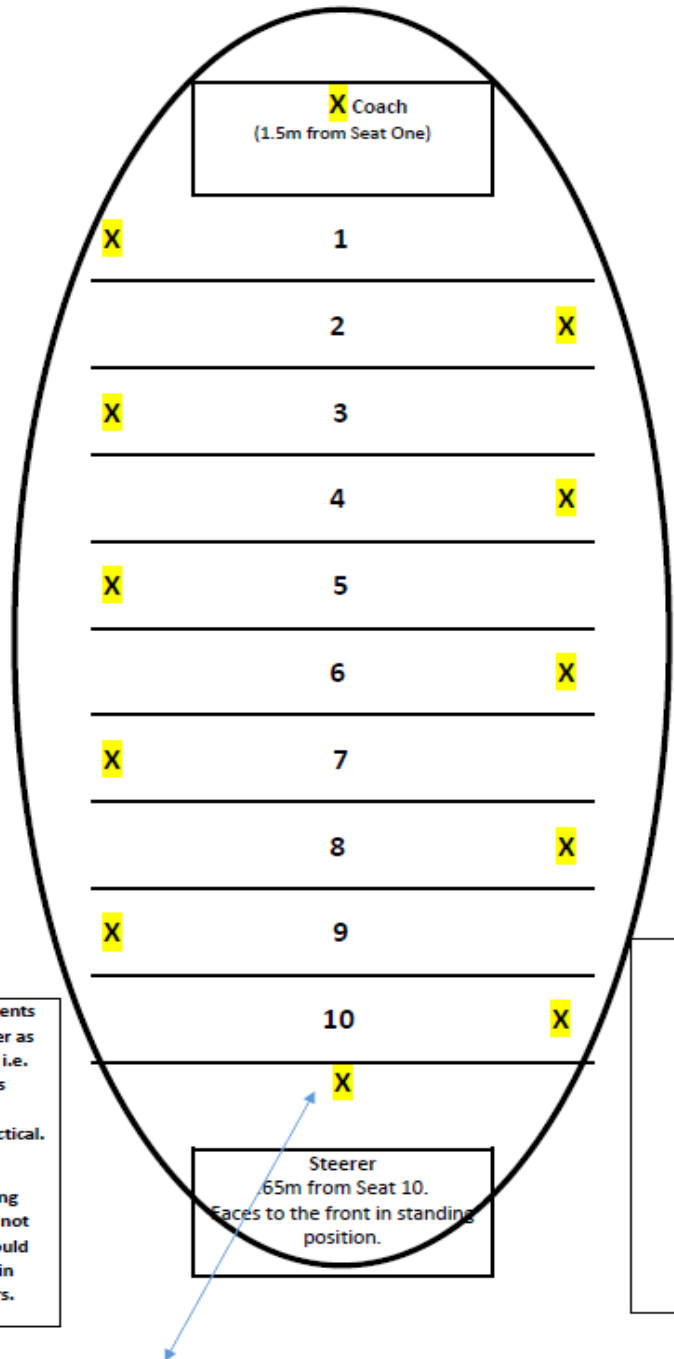
Part B - Shared Links to Member SSO Documents / Sites

- [AOCRA QSC - Canoe Outrigging](#)
- [Aust. Rafting Federation](#)
- [Dragon Boat QLD](#)
- [Paddle QLD](#)
- [QLD Waterski & Wakeboard Federation](#)
- [Rowing QLD](#)
- [Surfing QLD](#)
- [Surf Lifesaving QLD](#)
- [Yachting QLD](#)
- [Water Polo Queensland](#)
- [Diving Queensland](#)
- [Artistic Swimming Queensland](#)
- [Swimming Queensland](#)
- [Australian Underwater Federation Qld](#)
- [Surf Life Saving Queensland](#)
- [Pool Lifesaving Queensland](#)

Standard Dragon Boat – Qld Stage 2 and 3
 (Optimal minimum modified plan for Dragon Boating to safely resume as a sport in both training and competition.....10 paddlers plus steerer and coach as depicted below on each boat. Boat Weight approx.: 280kg)

Part C – Images

Dragon Boat and outdoor environment
 (storage location in public park next to waterway)



Distance between each Left-side Paddler = 1.3m

Distance between each Right-side Paddler = 1.3m

Diagonal distance between each paddler varies from 76cm to 86cm depending upon the seats in the boat e.g. 76cm - Seat 1 to Seat 2 (narrowest) and 86cm – Seat 5 to Seat 6 (widest).
 Narrows again towards rear.

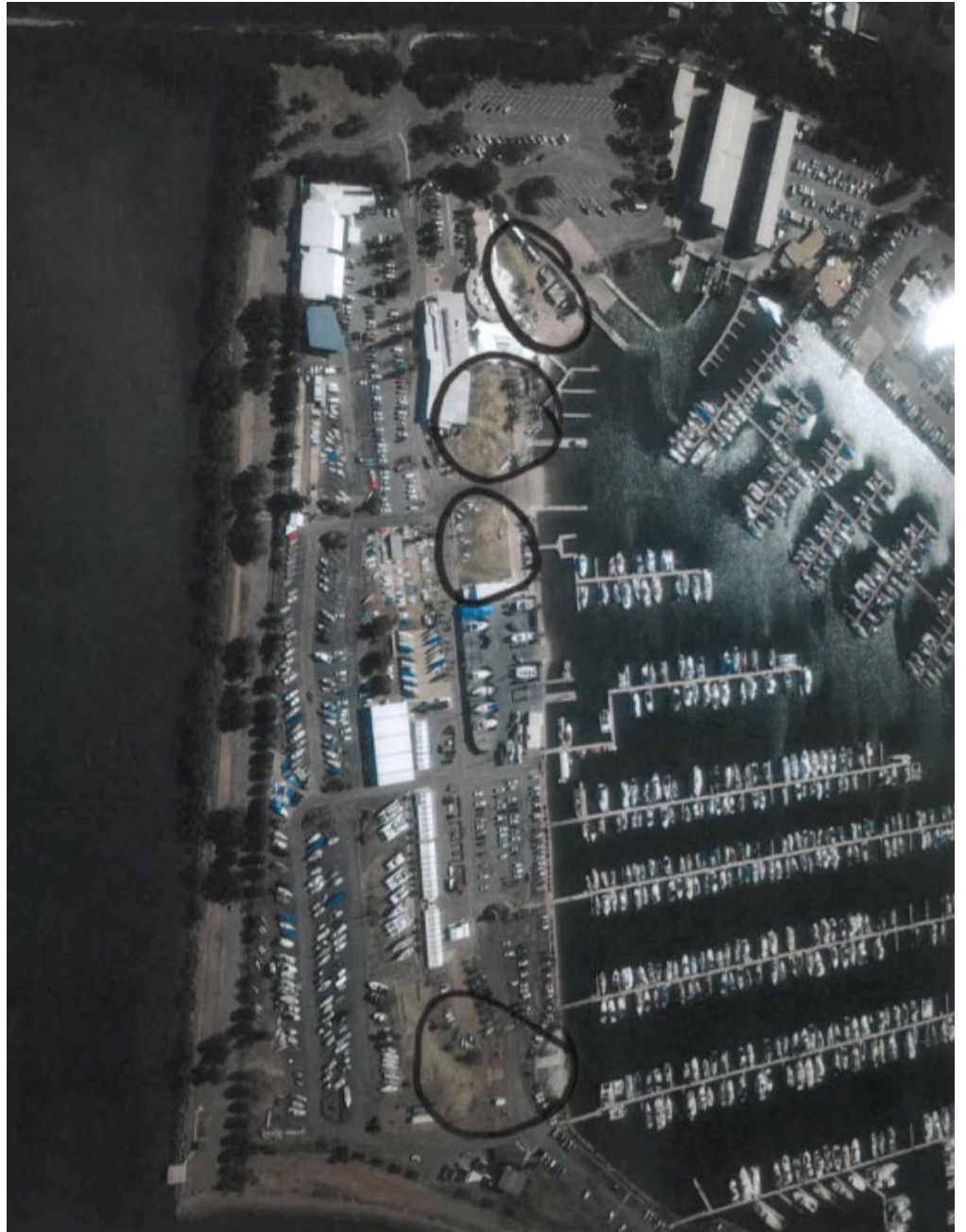
Seat Widths:
 70cm – 105cm
 Seat 10 – 70cm
 Seat 5/6 – 105cm
 Seat 1 – 79cm

Dragon boating arrangements cannot be modified further as any further modifications i.e. less than 10 paddlers, plus steerer and coach would render resumption impractical.
 5 paddlers would provide required physical distancing however, the boat would not be balanced and there would be too much physical strain placed on those 5 paddlers.

- Non-contact sport
- Conducted outdoors – large open spaces on waterways.
- Subject to breezes.
- Paddlers don't face each other.
- Paddlers lean forward and outward during each stroke.
- Steerer's Oar on Left side Stern.

Waterski & Wakeboarding example of watercraft and social distance of driver, spotter and skier pre and post activity.

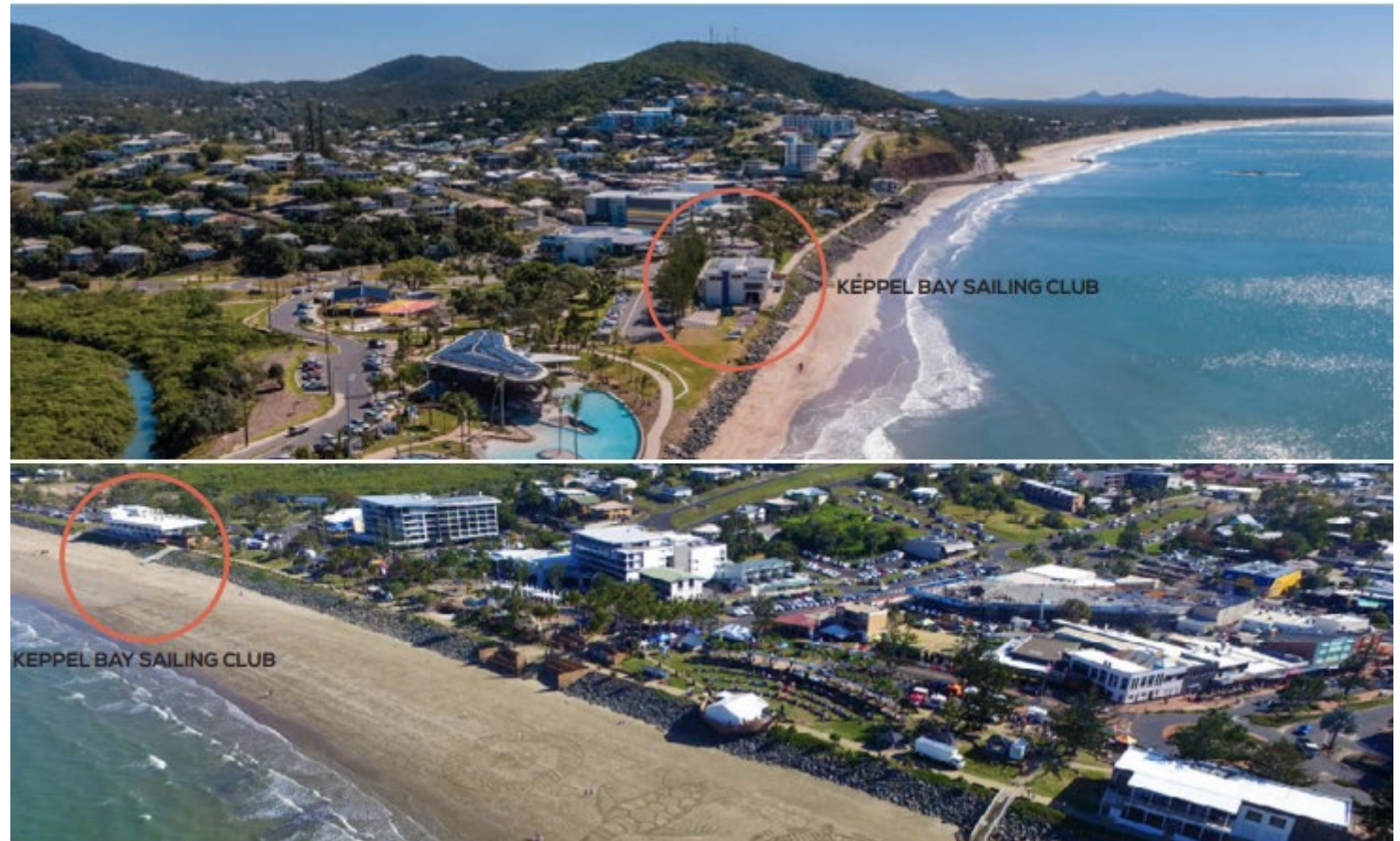
Sailing/Yachting example of a club facility with 4 different rigging/preparation areas.



Sailing/Yachting Club example demonstrating vast amounts of outdoors space, use of beaches and access to waterways.



Sailing/Yachting Club example demonstrating use of rigging/preparations areas with huge amounts of space on the beach available.



Examples of sailing craft:



Examples from Aquatic Swimming

Training - will require athletes to keep social distance of 1.5m throughout training, no training of lifts, jumps, throws or connected patterns or cadence work.



Judges are to be positioned 1.5m apart (further apart that shown in following images)



Scorers behind Judges will be reduced in numbers and will be required to social distance 1.5m apart

Figures are performed 1 athlete at a time, marshalling will require athletes to keep social distance of 1.5m apart



Solos, only 1 swimmer at a time performs routine and is judged, there is no contact with any other athlete



Duet Routines, only 2 athletes swim together, Duet routines will need to be modified to not include any lifts/jumps connected partner work

Coaches will be required to social distance during competition warm up and ensure a social distance between athletes is kept at 1.5m apart.

NO Team routines or Team Training will be able to be performed as this requires contact with other athletes throughout the routines in performing lifts, throws, patterns, cadences.

Examples from Diving



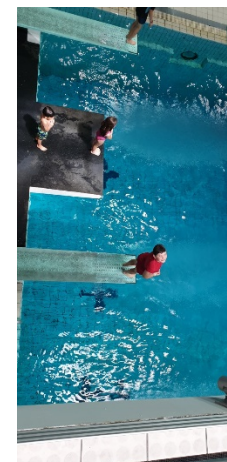
Modifications will be made Recording Secretariat and Technical Officials table.



No spectators will be allowed during competitions.



Even during in a synchro event, divers can remain 1.5m apart.
Official (in the background) can also remain 1.5m apart



Diving Training can be conducted adhering to health guidelines..

Venue Example

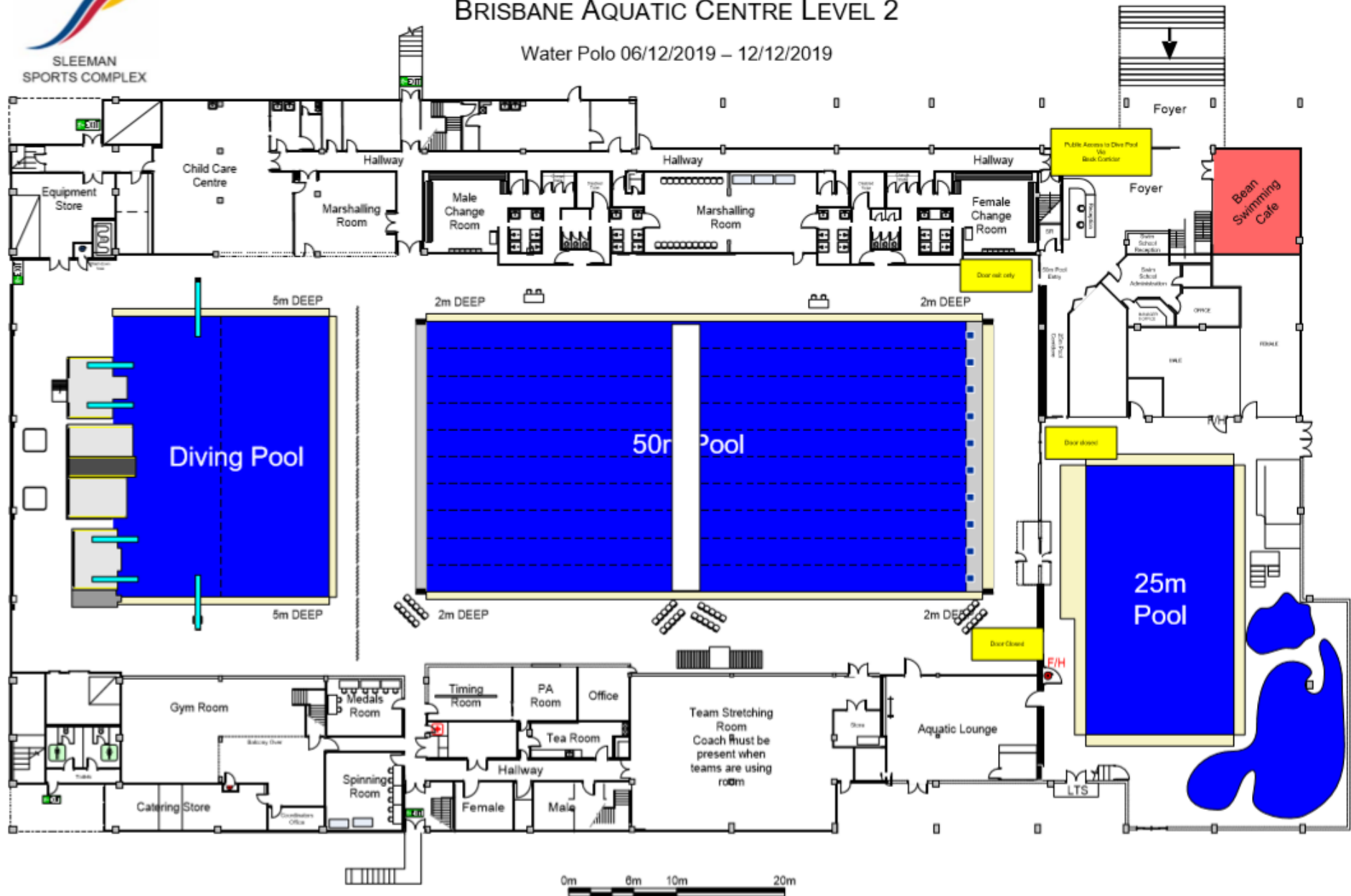


In a Venue the size of Sleeman for example with multiple usage areas it is possible to have multiple groups in various functional areas that can enter and exit via different doors and use various amenities, without coming into contact with another group and remain socially distanced at all times. The QSport Aquatic Sports group will adhere to the Aquatic Centre Industry COVIDSafe Plan at all times as well as the sport specific guidelines. It is quite possible to have a group of 20 in the dive pool, a group of 10 in the dryland facility, 2 x 10 person group of water polo players in the outdoor pool (refer to image over) and 20 swimmers in the 50m indoor pool all whilst meeting the health requirements and guidelines. The QSport Aquatic Sports group request a relaxation of the venue specific guidelines and permission to conduct activities for multiple groups (Stage 2 limited to 20 people) within venue capacity and density limits and taking into consideration the overall size of a venue and multiple facilities within a venue and social distancing observed between groups.



BRISBANE AQUATIC CENTRE LEVEL 2

Water Polo 06/12/2019 – 12/12/2019



Water Polo – example

Showing clear separation within a 50m outdoor pool facility of players, team benches, referees, officials and spectators.



Part D – Covid-Safe Plan Checklist

COVID-SAFE PLAN Checklist (SPORT)

Checklist for organisations to follow in operating under the Industry Plan

<input type="checkbox"/> Keep up to date with any Queensland Government information regarding sport, fitness and recreation via the Return to Play website .
<input type="checkbox"/> Read/complete the Safe Work Australia COVID resource kit to the industry
<input type="checkbox"/> Check the Queensland Government's COVID-19 website to confirm your industry has a COVID Safe Plan in place. Otherwise abide by the specific restrictions outlined in the roadmap regarding the number of people, the type of activity and travel allowed.
<input type="checkbox"/> Check with your State Level Organisation or Peak Body if there is further information or guidance material applicable to your activity.
<input type="checkbox"/> Check with your venue or facility on any procedures and requirements applicable for the return of activity.
<input type="checkbox"/> Check with your insurer(s) or insurance broker and confirm coverage inclusions and exclusions. Clarify if there are any specific exclusions caused by COVID-19, if any conditions apply to your policies, if any specific approvals/consents are required and whether return to sport plans can be noted against relevant policies.
<input type="checkbox"/> Update Risk Management processes in line with the approved Industry Plan and ensure records are kept up to date.
Workforce and training
<input type="checkbox"/> Review the Roadmap for easing Restrictions Framework for COVID Safe Businesses to ensure that Workplace Health and Safety requirements are been met. Supporting information for the framework .

<input type="checkbox"/> Consult with workers/volunteers and their representatives on COVID-19 measures and provide adequate information and education, including changes to tasks and practices and appropriate cleaning and disinfection practices.
<input type="checkbox"/> Provide personal protective equipment (PPE) where necessary and in accordance with the relevant State and National guidelines. For more information view the Workplace Health and Safety Queensland guide .
<input type="checkbox"/> Ensure completion of any required training – including any that is mandated by the Queensland Government such as staff in industries requiring a COVID Safe Checklist. Training programs will be free to access online through TAFE Queensland .
<input type="checkbox"/> Postpone or cancel non-essential face-to-face gatherings, meetings and training. Consider teleconferencing/online meeting capabilities.
<input type="checkbox"/> Implement measures to maximise the distancing between volunteers/workers and participants to the extent it is safe and practical. Review tasks and processes that usually require close interaction and identify ways to modify these to increase physical distancing.
<input type="checkbox"/> Modify processes to limit volunteers/workers having to be in close contact, as much as possible. For example: assign volunteers/workers to specific areas to minimise the need to go into other spaces.
<input type="checkbox"/> Established sports medicine/first aid protocols that limit exposure (refer to Sports Medicine Australia SMA Support during COVID-19).
<input type="checkbox"/> Ensure any psychosocial risks are managed with processes implemented to manage stress from COVID-19 as outlined in the Workplace Health and Safety Queensland guide
Communication
<input type="checkbox"/> Update or develop communications plan with existing channels such as email, text message, and social media to share timely and accurate information with internal and external stakeholder groups.
<input type="checkbox"/> Ensure staff and volunteers (coaches, officials, sports medicine, equipment/ ground and administrative personal) have been informed and trained about the conditions/restrictions of re-starting the activity.
<input type="checkbox"/> Ensure participants, parents and carers have been informed about the conditions/restrictions of re-starting the sport and recreation activities, for example: <ul style="list-style-type: none"> • one parent/carer drop off – pick up or remain in car

<ul style="list-style-type: none"> • change of activities (non-contact, group sizes, etc) • changes of venue/facility practices (handwashing, equipment access, allocated areas).
<input type="checkbox"/> Ensure decision making and implementation of decisions is clear within your organisation in the lead up to and during the return to activity.
<input type="checkbox"/> Ensure everyone within your organisation (including paid staff and volunteers) understands their role.
<input type="checkbox"/> A nominated COVID Safety Coordinator is in place to oversee delivery of your return to activity plan.
Financial
<input type="checkbox"/> The financial costs of COVID measures and the return to activity have been researched and communicated to your organisation.
<input type="checkbox"/> Adjust budgets as necessary for COVID-19 measures and costs.
<input type="checkbox"/> Check any applicable Federal or Queensland Government supports such as grants and subsidies have been implemented or applied for.
<input type="checkbox"/> Ensure communication of any financial changes (registration/usage/membership fees etc.) to your participants.
Legal and compliance
<input type="checkbox"/> Ensure your organisation is across all relevant legislation and requirements applicable to return to activity.
<input type="checkbox"/> Ensure any necessary consents and approvals to resume sport have been received.
<input type="checkbox"/> Ensure completion of a COVID-19 Safety Plan.
Physical distancing
<input type="checkbox"/> Place signs at entry points to instruct participants and visitors not to enter the venue/facility if they are unwell or have COVID-19 symptoms. The sign should state that your organisation has the right to refuse service and must insist that anyone with these symptoms leaves the premises.

<input type="checkbox"/> Use signage and communicate separate entry and exit points (drop off/point up points) and separate participation space areas to minimise contact and maintain the required physical distancing.
<input type="checkbox"/> Implement measures to restrict numbers on the premises, ensuring these comply with the Industry COVID Safe Plan or the current stage of roadmap.
<input type="checkbox"/> Ensure physical distancing by placing floor or wall markings or signs to identify 1.5 metres distance between persons for queues and waiting areas.
<input type="checkbox"/> Consider using physical barriers (where practical) in high volume interaction areas to promote physical distancing.
<input type="checkbox"/> Remove seating or space seating at least 1.5 metres apart. Mark railings or ground to encourage appropriate distancing and BYO seat measure).
<input checked="" type="checkbox"/> Provide contactless payments or ordering and payment online.
Keeping people safe & healthy
<input type="checkbox"/> Promote and encourage all participants, volunteers, workers and visitors to sign up to the COVID Safe App.
<input type="checkbox"/> Appoint a COVID-19 Safety Coordinator using the Sport AUS Position Description as a template - https://www.sportaus.gov.au/return-to-sport#covid-19_safety_coordinator
<input type="checkbox"/> Maintain a record of people in attendance for the activity, for a period of at least <u>56 days</u> so you have accurate records in the event of an outbreak.
<input type="checkbox"/> A system is in place to record, store and if required share data (subject to privacy law).
<input type="checkbox"/> Avoid changing participants between groups to ensure no co-mingling.
<input type="checkbox"/> Promote BYO water bottle to limit water bubbler/tap use.
<input type="checkbox"/> Set up hand washing/sanitising stations and practices for participants to easily wash hands before and after (and during if required) their activity.
<input type="checkbox"/> Direct participants, volunteers, workers and visitors to stay at home if they are sick, and to go home if they become unwell.
<input type="checkbox"/> Put signs and posters up to remind people of the risk of COVID-19.

Consider the requirements of vulnerable groups (i.e. people with disabilities, Indigenous people, elderly).

Know the protocols for notifying health authorities of issues or suspected COVID-19 cases.

Hygiene and cleaning

Assess supply needs (including sanitisation, cleaning and PPE) and explore options for sourcing additional supplies required.

Instruct everyone to practise good hygiene by frequently cleaning their hands. Hand washing should take at least 20 to 30 seconds. Wash the whole of each hand, covering all areas with soap before washing with water.

Instruct participants to practise good hygiene including no touching of eyes, nose or mouth and no spitting or clearing nasal/respiratory secretions on field of play or in other activity settings.

Implement measures to limit contact with between participants including eliminating handshakes, high fives, huddles and celebrations.

Provide hand washing facilities including clean running water, liquid soap, paper towels. If hand washing facilities are not readily available, provide an appropriate alcohol-based hand sanitiser.

Reduce the sharing of equipment and tools and establish cleaning protocols or restrict use of shared equipment (e.g. balls).

Establish a protocol for laundering bibs, jerseys or other shared uniform items.

Close or limit use of communal facilities such as change-rooms, showers, gyms and ensure there is the appropriate number of people according to the restriction stages.

Implement cleaning protocols for communal facilities.

Clean frequently touched areas and surfaces at least hourly with detergent or disinfectant (including shared equipment and tools, Eftpos equipment, tables, counter tops and sinks). Surfaces used by clients, such as tables, must also be cleaned between clients.

Consider any necessary changes to the administration of first aid and communicate to necessary personnel.

Deliveries, contractors and visitors attending the premises
<input type="checkbox"/> Implement a process for COVID Safe deliveries as outlined by Safe Work Australia .
<input type="checkbox"/> Use, and ask delivery drivers and contractors to use, electronic paper work where possible, to minimise physical interaction. Where possible, set up alternatives to requiring signatures, such as taking a photo of the goods onsite as proof of delivery.
<input type="checkbox"/> Direct visiting delivery drivers and contractors to remain in vehicles and use contactless methods such as mobile phones to communicate with your workers wherever possible.
<input type="checkbox"/> Ensure handwashing facilities, or if not possible, alcohol-based hand sanitiser, is readily available for workers after physically handling deliveries.
Review and monitor
<input type="checkbox"/> Regularly review your systems of operation to ensure they are consistent with current directions and advice provided by health authorities.

Additional checklist for Facility Managers / Venue Operators

<i>Please Note:</i> Venue operators of aquatic facilities AND sport and recreation organisations that utilise aquatic facilities should comply with the Swimming Pool & Aquatic Centre Industry COVID Safe Plan
<input type="checkbox"/> Ensure completion of a COVID-19 Safety Plan for the venue.
Communication and training
<input type="checkbox"/> Ensure communication of the completed COVID-19 Safety Plan for the venue.
<input type="checkbox"/> Ensure communication of any procedures and requirements applicable to user groups for the return of activity.
<input type="checkbox"/> Ensure user groups have undergone any required training or venue induction.

Manage access
<input type="checkbox"/> Develop a playing/training space usage plan (where applicable) including zones, entry and exists to ensure different groups of 20 participants do not co-mingle.
<input type="checkbox"/> Ensure and clearly mark separate entry and exit points (where possible).
<input type="checkbox"/> Develop a plan to manage the bookings and schedule of users.
<input type="checkbox"/> Determine the process to record all visitors to the venue and liaise with organisations that utilise the venue to ensure record keeping processes are complementary.
<input type="checkbox"/> Update the terms and conditions of venue use and entry as applicable.
<input type="checkbox"/> Implement a process for other restrictions such as cancelling if wet weather to reduce the risk of people congregating such as under shelter.
Hygiene and cleaning
<input type="checkbox"/> Undertake all hygiene and cleaning measures as outlined above.
<input type="checkbox"/> Undertake a thorough clean of the facility including venue entry, areas of play/training coaching equipment, clubrooms, changerooms, toilets prior to any use by user groups.
<input type="checkbox"/> Consider where doors and gates can remain open to minimise contact.
Preparing Area of Play/Training for use
<input type="checkbox"/> Implement a process for auditing facilities to ensure they are in a safe and playable condition.
<input type="checkbox"/> Ensure areas of play/training lines and any other line markings are clearly visible.
<input type="checkbox"/> Ensure area of play/training, ancillary and safety lighting is working and provides a sufficient level of illumination.
<input type="checkbox"/> Ensure public areas both in and surrounding the facility (e.g. car park, entry paths, walkways) been checked for possible issues (e.g. broken glass, trip hazards).
<input type="checkbox"/> Ensure drinking taps/fountains have been turned off with signage preventing use.

Review and monitor

- Regularly review your systems of operation to ensure they are consistent with current directions and advice provided by health authorities.